

Our regular beauty column... helping YOU to look your best!

**LOOK GORGEOUS**

With Molly Hanson Steel

# A dazzling smile can be yours!



Molly Hanson Steel provides expert beauty advice for our readers in this regular column. Molly, CertEd BTEC and BABTAC, is a fully qualified lecturer and national trainer, and has her own beauty clinic, Uber Beauty, at 146 London Road, Stockton Heath.

**Q. I have seen that you do Laser Teeth Whitening. Is it legal, as my dentist said that only dentists can do it?**

**A.** It is perfectly safe and legal for teeth whitening treatments to be undertaken by non-dentists, as long as they have the qualifications and training to do so.

Teeth whitening is still one of the most popular cosmetic beauty treatments on the market today and possibly the most controversial.

Teeth whitening became a Cosmetic Treatment on June 28, 2001 by the House of Lords ruling in the case of Optident Limited and fall under the EU Cosmetic Directive thus meaning it is no longer classed a dental treatment.

You asked about the

legalities of teeth whitening: there are two main chemicals available that can safely and effectively whiten teeth, namely hydrogen peroxide and chlorine dioxide.

Under the same ruling, it was stated that a cosmetic product cannot release more than 0.1% Hydrogen Peroxide.

## Release

However, on March 15, 2005, it was deemed safe by the European Commission's Scientific Committee on Consumer Products for a product to release up to 6% Hydrogen Peroxide although, this has not yet been passed as law.

It therefore still remains illegal to whiten teeth using more than 0.1% Hydrogen Peroxide. This includes dentists as well as non-

dentists and if over the 0.1% is used the chances are that the practitioners will not be insured. Chlorine dioxide is 100% legal to be used for whitening teeth.

I hope this helps, however if anyone would like to look on my website click on the link (confused about this treatment) next to the Laser Teeth Whitening link where there are some documents you may find interesting.

● **FOR SPECIAL CHRISTMAS OFFERS OR FOR GIFT VOUCHERS, SEE OUR WEBSITE OR CONTACT MOLLY on 01925 261 673 or [www.uber-beauty.com](http://www.uber-beauty.com)**