

Our regular beauty column... helping YOU to look your best!

LOOK GORGEOUS

With Molly Hanson Steel

Look younger... instantly!

Molly Hanson Steel provides expert beauty advice for our readers in this regular column.



Molly, CertEd BTEC and BABTAC, is a fully qualified lecturer and national trainer, and has her own beauty clinic, Uber Beauty, at 146 London Road, Stockton Heath.

WE all know we can't stop the ageing process (at least not yet), but we can have a very good go! It doesn't always mean resorting to surgery either, just a little fine-tuning to help us look younger for longer.

Makeup: Using a little radiance on the skin does wonders for that dull dry looking skin, especially in the colder months, so use a base under your foundation which has light reflecting particles to give us that youthful glow.

Hair: With so many good hairdressers in South

Warrington, there is no reason for having an outdated style or colour. Visiting these experts once a month not only keeps us all looking good, but also keeps us up-to-date with the ever-changing season trends and colours. A sure way of making us look and feel younger.

Skin: By offering non-surgical treatments I've come to realise there really is no reason to go under the knife. With Fillers, Wrinkle Relaxing Injections and Chemical Peels we can all now postpone the look of old age – at least for the time being anyway!

Exercise: Doesn't always mean hours on the treadmill. But a nice brisk walk along the canal with the dog or even a stroll down to the local still gets oxygen into those lungs. Oxygen depletes as we get older, and it is essential for collagen re-growth and strengthening our skins.

● Molly Hanson-Steel is a professional Qualified Aesthetic Practitioner, to contact her for expert advice on wrinkle relaxing injections and dermal fillers please call Uber Beauty on 01925 261 673.