

Our regular beauty column... helping YOU to look your best!

LOOK GORGEOUS

With Molly Hanson Steel

How to banish the wrinkles

Molly Hanson Steel provides expert beauty advice for our readers in this regular column. Molly, CertEd BTEC and BABTAC, is a fully qualified lecturer and national trainer, and has her own beauty clinic, Uber Beauty, at 146 London Road, Stockton Heath.



Q. I'm getting quite depressed about getting older. I can't bear to look in the mirror to see more wrinkles appearing. Can I stop this?

A. Wrinkles form when the natural collagen and hyaluronic acid in your skin diminish during the course of aging. However the way you look after you skin can also have a detrimental effect: excessive exposure to the sun, genetics, lifestyle, smoking, alcohol and local muscle contraction. But there are ways to counteract the ageing process: BOTOX and FILLERS.

Combining Botox with fillers such as collagen and hyaluronic acid (Restylane,

Hylaform, or Juvederm) can result in a very effective rejuvenated appearance. With Botox we can freeze and relax the muscles, hence smoothing lines and wrinkles caused by repeated facial movements, crow's feet, frown and squint lines.

Dermal fillers are substances that are injected just below the surface of the skin to replenish the collagen layer, filling lines, wrinkles and scars from the inside out. Dermal fillers can restore a smoother, more youthful appearance and can also be used to add definition to the lip border.

Collagen provides structure to your skin while hyaluronic acid provides

skin volume. Collagen dermal fillers have been proven safe and effective for more than 20 years.

Neither Botox nor Fillers are permanent and the effects reduce gradually over 3-6 months but within days there can be a noticeable improvement. There is no recovery time and it is a short procedure that can even be performed on your lunch break. You can receive injections every 3-6 months to help you maintain the results.

To enquire about Botox and Fillers and our 'next clinic dates' please call our specialist at Uber Beauty on 01925 261 673 or visit our website www.uber-beauty.com