

Our regular beauty column... helping YOU to look your best!

LOOK GORGEOUS

With Molly Hanson Steel

Molly Hanson Steel provides expert beauty advice for our readers in this regular column.



Molly, CertEd BTEC and BABTAC, is a fully qualified lecturer and national trainer, and has her own beauty clinic, Uber Beauty, at 146 London Road, Stockton Heath.

Why use organic skincare?

Q. Why should I use organic skincare?

A. It's been proven that around 60 per cent of the products we use on our skin are absorbed deep into the system.

Understanding how the skin functions reveals concerns about the possible long term effects caused by the combination of chemicals used in many skin and bodycare products, often termed 'the chemical cocktail effect'.

The alarming fact is these chemicals are largely cheaper synthetic imitations of the natural extracts, and are used as preservatives and colourings mainly to keep cost down and profits up?

When choosing a skincare range look for 100 per cent pure organic, either approved by the Soil Association or Vegetarian Society.

Q. My skin peels off after I've been waxed and looks raw and is quite sore. The wax isn't too hot. What can be causing this?

A. If you are sure it isn't the methods of your therapist, the other reason to look at could be your skincare especially if it's the face area that causing the problems.

If you are using products which contain AHAs, retinol (vitamin A) or salicylic acid these are sure to cause lifting of the skin when waxing the facial area. As a matter of precaution I always ask new clients what skincare they use prior to waxing and existing clients are made aware of why it's essential that they tell me if they change their skincare products.

If you have any questions you would like to ask please call Molly at Uber Beauty on: 01925 213 442 or visit www.uber-beauty.com